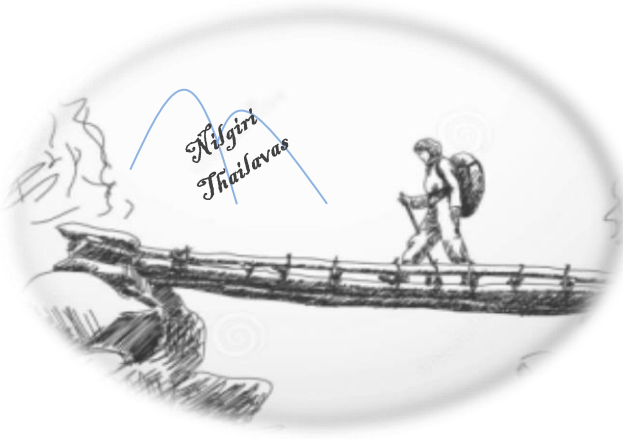




# Trek Presentation

## Group 5: Nilgiri Thalaivas



# Agenda

- Team Introductions
- Trek Objectives
- Group Dynamics
- Experience Summary
- Recommendations

# The Team

Abhinaw

Abhishek

Deepika (AGL)

Dharmendra

Jyoti

Kapil

Kirti

Manash

Manoj (GL)

Manvi

Mohit

Pallav

Pinky (Doctor)

Piyush

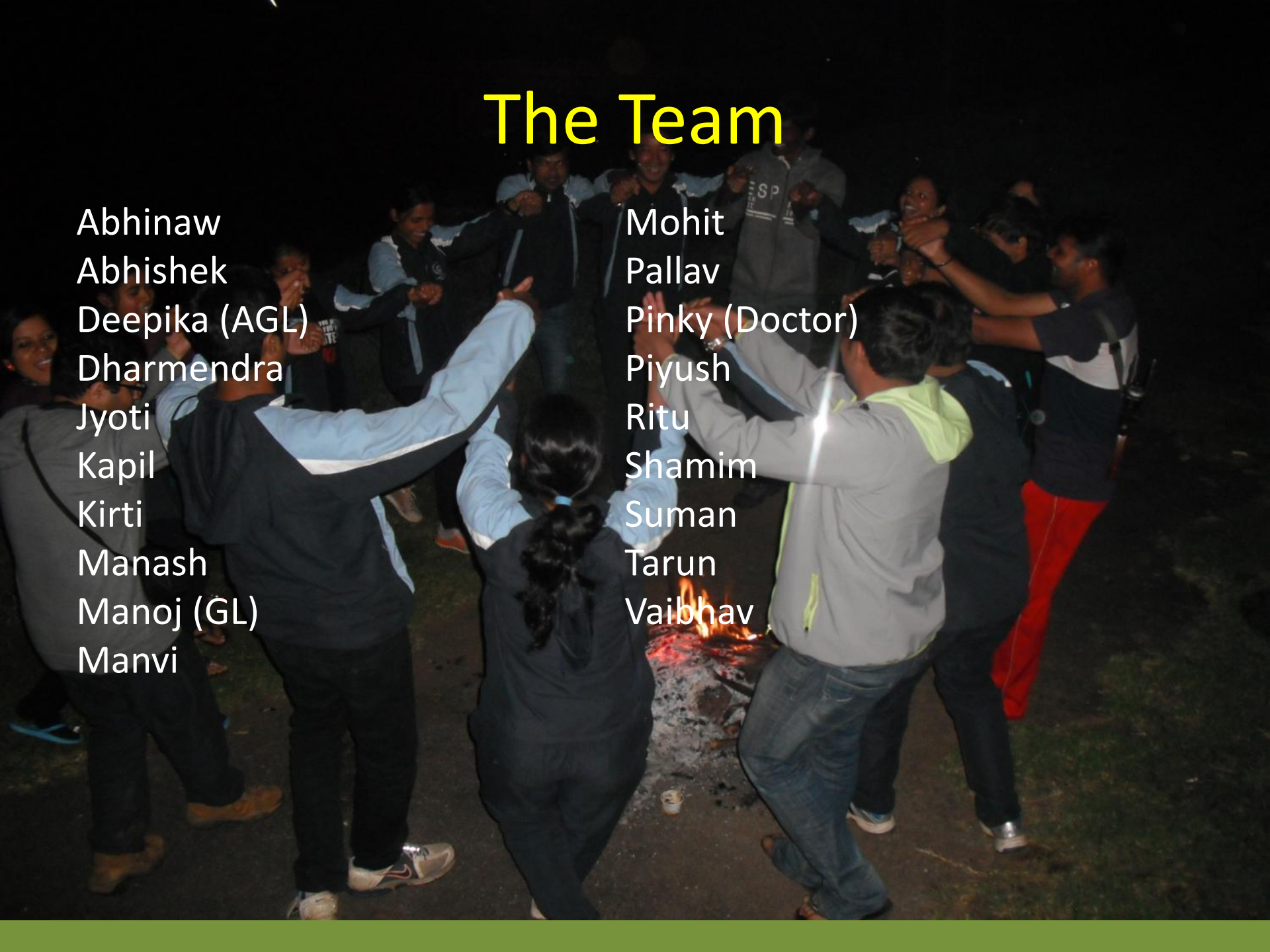
Ritu

Shamim

Suman

Tarun

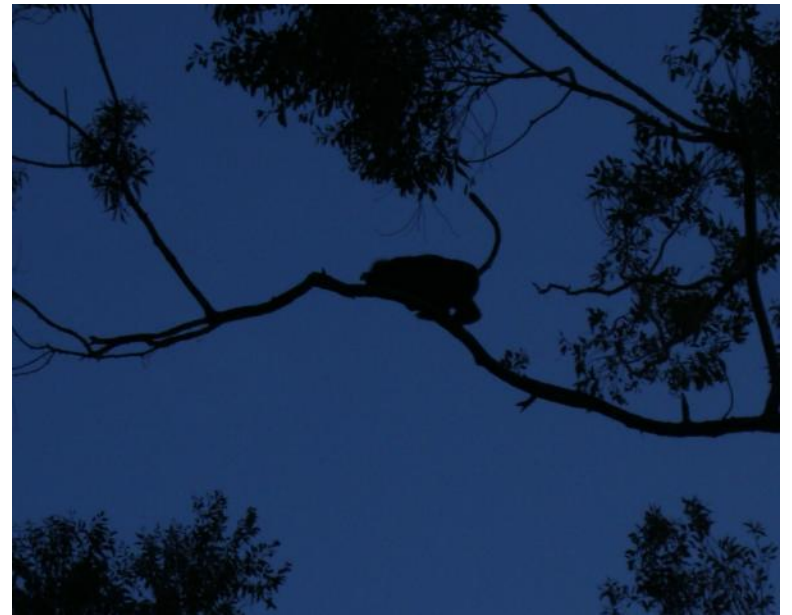
Vaibhav



# Key Objectives



- **Learn to live and work with a team**
  - Remain united in challenging conditions
  - Learn to excel as a team member
  - Develop Espirit-de-Corps, camaraderie
- **Sensitization towards environment**
- **Understand local culture, economy and stakeholders**
- **Understand one's physical and mental capability and inculcate the spirit of adventurism and preparedness**







# The Mission



Kargudi



7:30

18km



Pandya



14:30

23km



8:30

Porthimund

13:20

22km



11:15

Avalanche

17:41

25km

Parson's Valley

7:30



14:30

Vazhaithottam



7:30

22km

15:30

Sholur

14km



9:00

15:40

# Group Dynamics



## Importance of Group Dynamics

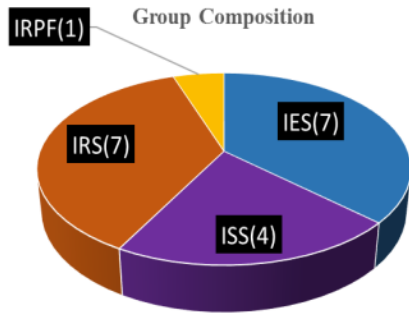
- Positive and favorable group dynamics is an essential pre-requisite for a group to have fun and also to be able to overcome challenges
- Together we 19 needed to be more than the sum of 19 individual parts!





# Group Dynamics

## Our Demographic Strength

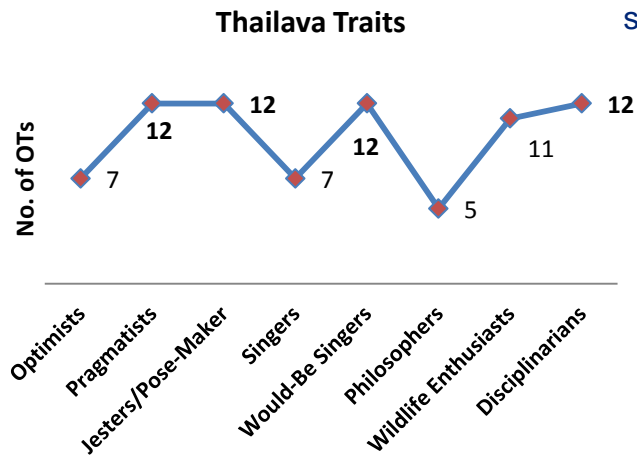


- Group 5 was a microorganism of what the 89th Foundation Course comprises of. The composition of Group 5 can be seen in the chart



## Thailava Traits

- A healthy and interesting mix of optimists, pragmatists, singers, would-be singers, jesters, philosophers, wildlife enthusiasts, and disciplinarians:



- Fun
- Appreciated Nature
- Stuck to Timelines
- Defeated difficult circumstances
- Learnt about oneself and the group

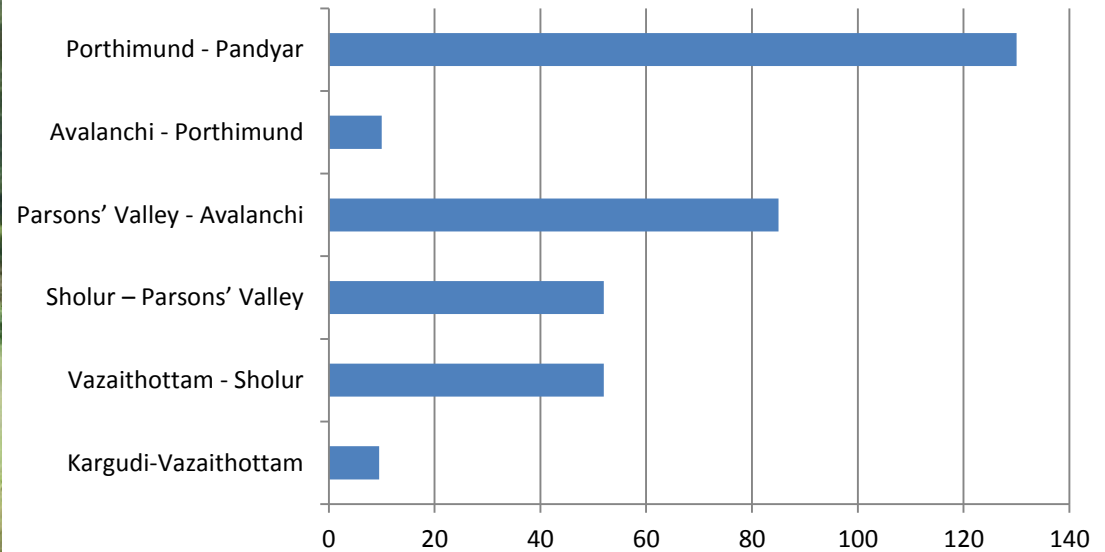
# Group Dynamics



## Thailava Quotient



$$\text{Thailava Quotient} = \frac{(\text{Innovation} * \text{Fitness} * \text{Camaraderie}) + \text{Fun}}{\text{Food and Water}}$$







# Experience Summary



DAY 1: KARGUDI TO VAZHAIHOTAM  
DATE: 26/03/2024 START TIME: 08:00 AM COORDINATOR: NARAYAN  
COVERED: 16 KM

**Factsheets**



**Flora**



**Fauna**



**Cultural Interactions**



**Army Marches on its  
Stomach and  
much more...**



**Other Experiences  
and Reflections**



# DAY 1: KARGUDI TO VAZHAITHOTTAM

DATE: 28/09/2014; START TIME: 0730 hrs; DESTINATION REACHED: 1430 hrs; DISTANCE COVERED: 18 Kms



- Terrain
  - 100% Tarmac
- Weather Conditions:
  - Cloudy initially but as the day passed it became sunny
- Landmarks/ towns/ villages passed:
  - Madhumalai tiger reserve, Masinagudi police station, café coffee day, Maya river, Trijunction at the tiger reserve with paths leading to Kerela, Karnataka and Tamil Nadu
- Fauna encountered:
  - Wild boar
  - Nilgai
  - Elephant
  - Spotted deer
  - Jungle fowl
  - Langur
- Flora encountered
  - Montane Temperate Forest with Eucalyptus, Silver Oaks, Teak
  - Sub tropical deciduous/ evergreen forest
- Notable incidents:
  - Manvi got injured, all the shops at Masinagudi were shut due to the verdict, Cool bath at Maya river
- Team morale and health:
  - high spirits, excited, energetic
- Campfire activities:
  - Rain interrupted Antakshari, Sharing of personal life experiences
  - Debriefing of next day's trek









# DAY 2: VAZAITHOTTAM TO SHOLUR

DATE: 29/09/2014; START TIME: 0730 hrs; DESTINATION REACHED: 1530 hrs; DISTANCE COVERED: 22 Kms



- Terrain
  - 2 Km Tarmac, 7 Km village road through subtropical forest, 8 km through Montane forest, tarmac road of 5 km
- Weather Conditions:
  - Cloudy and humid in the morning and sunny throughout the rest of the day
- Landmarks/ towns/ villages passed:
  - temple, tea gardens
- Flora and fauna encountered:
  - Leopard
  - Elephant
  - Jungle fowl
  - Deer
- Notable incidents:
  - Fresh female leopard and cub pug marks near a village
  - Encountered a possible rouge elephant
- Team morale and health:
  - Most of the members were heavily fatigued but carried on never the less.
- Campfire activities:
  - Dumb Charade, Antakshari, Campfire Dinner
  - Debriefing of next day's trek















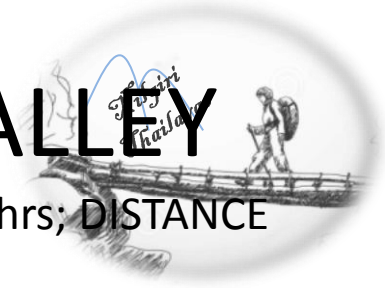








# DAY 3: SHOLUR TO PARSONS' VALLEY



DATE: 30/09/2014; START TIME: 0900 hrs; DESTINATION REACHED: 1540 hrs; DISTANCE COVERED: 14 Kms

- Terrain
  - Tea Gardens, Shola Gardens and Tarmac
- Weather Conditions:
  - Very chilly in the morning but bright and sunny later
- Landmarks/ towns/ villages passed: Toda Temple and Village
- Flora and fauna encountered:
  - Wild Buffaloes
- Notable incidents:
  - Stopped short of Parson's Valley camp
- Team morale and health:
  - High Spirits, Refreshed and energized
  - Couple of injuries
- Campfire activities:
  - Went to see Parson's Valley Dam
  - Dumb Charade
  - Coconut Oil Massage
  - Debriefing of next day's trek





















# DAY 4: PARSONS' VALLEY TO AVALANCHE



DATE: 01/10/2014; START TIME: 0730 hrs; DESTINATION REACHED: 1741 hrs; DISTANCE  
COVERED: 25 Kms

- Terrain
  - Wattle Forests, Undulating Hills, Countyside Road and Tarmac
- Weather Conditions:
  - Sunny and hot
- Landmarks/ towns/ villages passed: Parsons', Avalanchi and Emerald Dams
- Flora and fauna encountered:
  - Leopard
  - Nilgiri Langur
  - Nilgai
  - Deer
- Notable incidents:
  - 1 km more
- Team morale and health:
  - Very Exhausted
- Campfire activities:
  - Tea and pakora with Dr. K. Tirupattaiah
  - Non Veg meal





































# DAY 5: AVALANCHE TO PORTHIMUND

DATE: 02/10/2014; START TIME: 1115 hrs; DESTINATION REACHED: 1320 hrs; DISTANCE COVERED: 22 Kms



- Terrain
  - 100% Tarmac
- Weather Conditions:
  - Sunny and over cast in patches
- Landmarks/ towns/ villages passed:
- Flora and fauna encountered:
  - Jungle fowl
  - Wild buffaloes
- Notable incidents:
- Team morale and health:
  - Tired but high on spirits
- Campfire activities:
  - Garba, group dance
  - Ambush tactics
  - Ghost stories
  - Cooking

# DAY 6 : PORTHIMUND TO PANDYAR

DATE: 03/10/2014; START TIME: 0830 hrs; DESTINATION REACHED: 1430 hrs; DISTANCE COVERED: 23 Kms



- Terrain
  - Gravel-ridden road, steep climbs with sharp-bends, narrow passage through thick undergrowth and Wattle Forests
- Weather Conditions:
  - Cool and humid
- Landmarks/ towns/ villages passed:
- Flora and fauna encountered:
  - Sloth Bear (Possible)
  - Nilgiri Langur
  - Dhole ( Wild Dogs)
- Notable incidents:
  - Possible encounter with sloth bear; hugged ground for tense 15 mins
- Team morale and health:
  - Very high, two members completed the trek despite injuries





















# Flora - Summary



- Tropical Wet Evergreen Forest
- Tropical Dry Deciduous Forest
- Tropical Moist Forest
- Tropical Montane Forest
- Scrub Jungles
- Bamboo Forests







# Fauna







































# Cultural Interactions





MUDUMALAI TIGER RESERVE  
+ வனக்கால்நடை மருந்தகம் +  
FOREST VETERINARY DISPENSARY

NO ADMISSION









  
**GRG MEMORIAL TRIBAL  
HIGHER SECONDARY SCHOOL**  
VAZHATHOTTAM  
NILGIRIS (DIST) - PIN : 643 223  
(TAMIL & ENGLISH MEDIUM) -  
web site : [www.grgeducation.com](http://www.grgeducation.com) Ph : 0423 / 2526380

No Smoking Area  
Smoking Here is an Offence

























# TAMILNADU FOREST DEPARTMENT

## HILL AREA DEVELOPMENT PROGRAMME

### PARSONS VALLEY RANGE

### Caution :

Reserved Forest : 5987.485 Ha.

Reserved Land :

#### IMPORTANT TOURIST SPOTS

1. Parsons Valley Dam
2. Porthimund Dam
3. Fishing Hut

#### FOREST REST HOUSES

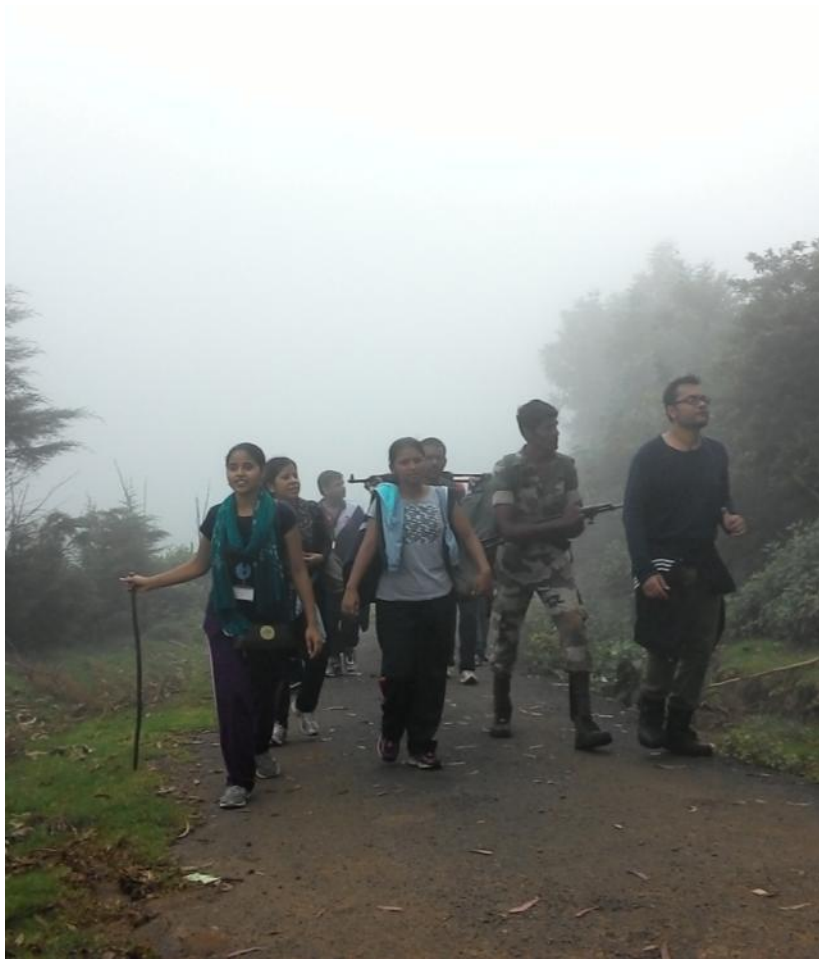
1. Parsons Valley Trekking Shed

1. Permission of D.F.O is required for entry.
2. No damage to be done to Fauna and Flora.
3. Photography and Videography is not allowed.
4. Smoking, fire inducing materials, lighting fire are strictly prohibited.
5. Littering of plastic products and other debris prohibited.
6. Making loud noise to be avoided.

DISTRICT FOREST OFFICER, Nilgiris South Division, Udagamandalam.

Ph : 2444083, Mobile : 9842239029

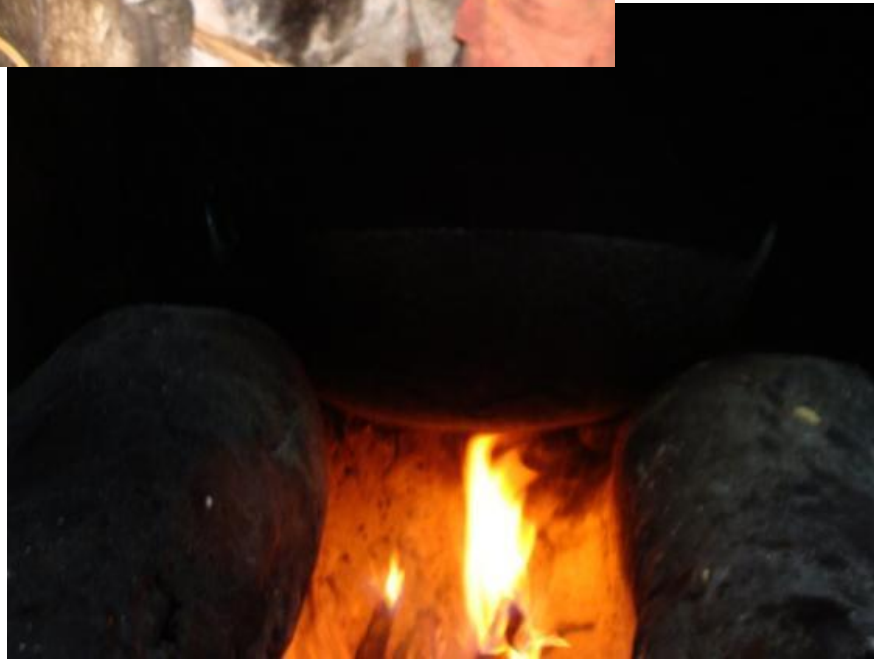




Army Marches on  
its Stomach..







Kargudi - Sambhar



Vazhaithottam - Papad





Sholur.. Payasam



Parsons' Valley.. Chhole





## Avalanchi.. Pakodas

## Porthimund.. Parantha

What?



Khaane de be..



Bhaad main ja  
main kha raha hun







Rests on its Back...







and Relies on its Support..







# Reflections







When the Going Gets  
Tough...





# The Tough Get Going...







Survival..







Developmental Aspects..



# KEY LEARNINGS - Summary



- Survival Skills
- Camaraderie
- Physical and mental endurance and fitness
- Lifetime friends
- Value of environment
- Pushing the limits and setting new ones
- Leadership
- Teamwork
- Spirit of Adventure
- Resourcefulness



# Recommendations



- Proper Trekking Gear like rucksacks and sling bags
- Kargudi – Vazhaithottam can be reconsidered
- Trek should include visits to local SHGs etc.
- Group Members must possess accurate information about distances
- One Navigational Equipment should be provided











Thanks 😊